

## Indian Cooking Made Easy By Mridula Baljeka

Indian cooking made easy is a new DVD featuring an award-winning chef, Mridula Baljeka explaining the intricacies involved in Indian cuisine. Cooking is never easy no matter what the book or the DVD title says, but I have to say that Mridula certainly made me want to give some of them a try. Mridula talks about her recipes with delightful ease and a refreshingly positive cheerful attitude. Indian cooking is never without its detail and usually involves dozens of ingredients, but with Mridula's help, even new cooks should be able to get a handle on things. This is the first DVD that made us think &ndash; cooking DVD's do make a lot more sense than a cookbook, especially if you can play them on your laptop and keep it by your side while making the dish.

The DVD is a self-contained cookbook with an inspiring cook who can talk clearly. That alone is a refreshing change in the world of Indian cookery shows. Most of the ones on TV in India feature chefs that are unable to either express themselves clearly and succinctly or just sound boring altogether. Many of the DVD's on Indian cooking rush through the whole process of cooking leaving us dazed and confused. But this DVD with Mridula is an exception.

The recipes featured in this DVD can be described as delectable, to say the least. One of my friends that watched the video below thought she has an interesting, sort of weird voice, well, that will perhaps keep you in good humor. From Bhaji's to Rice items, Mridula describes her dishes and the recipe effortlessly, and almost makes the whole thing seem like cakewalk. To me, that's what sets the book apart. It makes you want to pick up a recipe and actually cook it. There are quite a few recipes for vegetarians as well. This is a good buy if you are looking for a show and tell that finally explains the inscrutable details about Indian cooking but keeps it simple and fun to watch.